



International Parkinson and  
Movement Disorder Society

# **DYSTONIA: BRIDGING THEORY AND HANDS-ON EXPERTISE**

**SEPTEMBER 5-6, 2025**

**Fuat Sezgin Kongre Merkezi, İstanbul  
TÜRKİYE**





| <b>DAY 1 : Fundamentals and Treatment</b>                       |                                                                                                       |
|-----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| 08:45-09:00                                                     | <b>Welcome from Course Directors</b>                                                                  |
| <b>Session 1: Introduction to Dystonia and Pathophysiology</b>  |                                                                                                       |
| 09:00-09:30                                                     | <b>Overview of Dystonia: Definition, Classification, and Phenomenology</b><br><i>Bulent Elibol</i>    |
| 09:30-10:00                                                     | <b>Mechanisms of dystonia: Neurochemical and circuit abnormalities</b><br><i>Antonio Pisani</i>       |
| 10:00-10:30                                                     | <b>Genetic basis of dystonia</b><br><i>Michael Zech</i>                                               |
| 10:30-10:45                                                     | <b>Panel Discussion with Moderated Question and Answer</b><br><i>Moderated by Course Directors</i>    |
| 10:45-11:15                                                     | <b>Coffee Break</b>                                                                                   |
| <b>Session 2: Psychosocial Aspects of Dystonia</b>              |                                                                                                       |
| 11:15-11:45                                                     | <b>Non-motor symptoms and living with dystonia</b><br><i>Bedia Samanci</i>                            |
| 11:45-12:15                                                     | <b>Functional dystonia, diagnosis and treatment</b><br><i>Roberto Erro</i>                            |
| 12:15-12:30                                                     | <b>Panel Discussion with Moderated Question and Answer</b><br><i>Moderated by Course Directors</i>    |
| 12:30-13:30                                                     | <b>Lunch</b>                                                                                          |
| <b>Session 3: Management and Treatment of Dystonia - Part 1</b> |                                                                                                       |
| 13:30-14:00                                                     | <b>Algorithmic approach to treatment and oral medications for dystonia</b><br><i>Serhat Özkan</i>     |
| 14:00-14:30                                                     | <b>Botulinum Toxin treatment of dystonia</b><br><i>Rezzak Yilmaz</i>                                  |
| 14:30-14:45                                                     | <b>Panel Discussion with Moderated Question and Answer</b><br><i>Moderated by Course Directors</i>    |
| 14:45-15:15                                                     | <b>Coffee Break</b>                                                                                   |
| <b>Session 4: Management and Treatment of Dystonia - Part 2</b> |                                                                                                       |
| 15:15-15:45                                                     | <b>DBS: Patient selection, outcomes, complications, and long-term management</b><br><i>Sara Meoni</i> |
| 15:45-16:00                                                     | <b>Is there a place for lesion treatment for dystonia?</b><br><i>M. Cenk Akbostanci</i>               |
| 16:00-16:30                                                     | <b>Rehabilitation and Multidisciplinary Approach in Dystonia</b><br><i>Şehim Kutlay</i>               |
| 16:30-16:45                                                     | <b>Panel Discussion with Moderated Question and Answer</b><br><i>Moderated by Course Directors</i>    |
| 16:45                                                           | <b>Closing Remarks - Rezzak Yilmaz</b>                                                                |



| <b>DAY 2 : Advanced Issues and Workshops</b>                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
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| 08:00-08:15                                                                                                                                                                                                                               | Welcome from Course Directors                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Day 2: Moderated by Haşmet Hanağası</b>                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 08:15-08:45                                                                                                                                                                                                                               | Combined and Complex Dystonias<br><i>Gül Yalcin Cakmakli</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 08:45-09:15                                                                                                                                                                                                                               | Panel Discussion: Unmet Needs and Future Directions<br><i>All Faculty Moderated by Haşmet Hanağası</i>                                                                                                                                                                                                                                                                                                                                                                                                              |
| 09:30-10:00                                                                                                                                                                                                                               | Coffee Break                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Small Group Hands-On Workshops</b><br><i>Students Rotate through Five (5) Stations – 30 Minutes per Station (5 minutes to rotate)</i><br><i>Two parallel groups of each workshop to allow for small groups of 5 students per group</i> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 10:00-13:00                                                                                                                                                                                                                               | <b>Workshop Stations</b> <ol style="list-style-type: none"> <li>1. Clinical Approach - <i>Bulent Elibol &amp; Roberto Erro</i></li> <li>2. Botulinum Toxin Injections (Doll) – <i>M. Cenk Akbostancı &amp; Serhat Özkan</i></li> <li>3. DBS Programming – <i>Antonio Pisoni &amp; Sara Meoni</i></li> <li>4. Ultrasound Guidance for Botulinum Toxin Injections - <i>Rezzak Yilmaz &amp; Şehim Kutlay</i></li> <li>5. Botulinum Toxin Injections (Doll) - <i>Gül Yalcin Cakmakli &amp; Bedia Samanci</i></li> </ol> |
| 13:00                                                                                                                                                                                                                                     | Closing Remarks - <i>Rezzak Yilmaz</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |

